

GREEN STREET HAPPENINGS

August 2012

Green Street Recreation Center

814 South Green Street
Longview, TX 75602
903-237-1279
lsuddeth@longviewtexas.gov

Center Hours:
Monday-Friday
10:30 am- 5:00 pm

Center Staff:
Lorrie Suddeth
Bill Weaver

Green Street Recreation Center Mission Statement

To continually create an atmosphere that acknowledges the value of the older adult, affirms the dignity of self-worth through leadership and planned activities, and to allow members to exercise their skills and develop to their potential in the community to which they belong.

32nd Annual EXTRAVAGANZA Have you got your ticket yet?

Round-up at the "Green Street Corral"

August 18, 2012

Longview Exhibit Building

Doors open: 3:30 pm

Meal 4:00 pm

Program begins at 5:00 pm

Cost: \$6.00 in advance

\$7.00 at the door

Tickets available at
Green Street Recreation Center

For more information or to
purchase tickets contact

Lorrie Suddeth

903-237-1279

lsuddeth@longviewtexas.gov



HEALTH & SAFETY

It's important that you and your loved ones follow these summer safety tips from the American Geriatrics Society Foundation for Health in Aging:

Be concerned when temps top 90 Turn on the a/c. Don't have one? Take a trip to an air-conditioned locale such as a movie theater, mall ,museum, library**or Green Street Recreation Center.**

Discourage strenuous activity Avoid long walks or heavy lifting.

Drink up Leave a pitcher of ice water, lemonade or other non-alcoholic, decaffeinated beverage in the fridge and access it often.

Get wet Take a swim in an indoor pool or take a bath of any kind. A cool shower, bath or sponge-down will be refreshing.

Dress lightly Wear loose-fitting, light-colored, lightweight clothing—cotton is a good choice—and a hat for outdoor activities.

Stay in the shade Avoid prolonged exposure to the sun.

JUST FOR A LAUGH

I'M A SENIOR CITIZEN.....

I'm the life of the party... even when it lasts until 8 p.m.

I'm very good at opening childproof caps with a hammer.

I'm usually interested in going home before I get to where I am going.

I'm the first one to find the bathroom wherever I go.

I'm smiling all the time because I can't hear a word you're saying.

I'm aware that other people's grandchildren are not as bright as mine.

I'm not grouchy, I just don't like traffic, waiting, crowds, children, politicians.

I'm sure everything I can't find is in a secure place.

If you are what you eat, I'm Shredded Wheat and All Bran.

I'm sure they are making adults much younger these days.

I'm a walking storeroom of facts, I've just lost the key to the storeroom.

I'm a SENIOR CITIZEN, and I'm PROUD of it!!!

We will have the Wii game
set up each week for
practice games

Please sign up to play in the
tournament

For those of you that aren't
interested in bowling...we are
looking for cheerleaders!!

Wii Bowling Tournament

Tuesday
August 21,
2012

11:00 am

GOOD FOOD, GOOD FRIENDS, GOOD FELLOWSHIP



Fingerfood luncheon

2nd Tuesday of each month at 11:30 am

bring fingerfoods and/or dessert

Join us on August 14th



COVERED DISH LUNCHEON

Last Friday of each month at 11:30 am
bring your favorite dish and/or dessert

Join us on August 31st



Longview Museum

Wednesday August 29

Ride on the van with us to
visit the Longview Museum

We will leave Green Street
at 10:30 am & return by
12:00 pm

Space is limited on the van,
please sign up

**PLEASE
REMEMBER after
Bingo & luncheons
to pick up your
trash and stack
the chairs.....we
want you to feel
right at home!!
You play with it,
you pick it up. :-)**

Thanks!!



We had a lot of fun!!

What a job!

Making tamales to fill orders that were taken in May at the Garage Sale.



Thanks to all of you that worked so hard rolling... all 26 dozen tamales that day!!

In June & July we took a ride on the **Longview Transit Bus**. We learned how the bus system works here in Longview, ate some good food and enjoyed some ice cream while waiting on the bus for our return ride back to Green Street. We will be taking another ride Friday, September 14th. Look for details in the September newsletter.



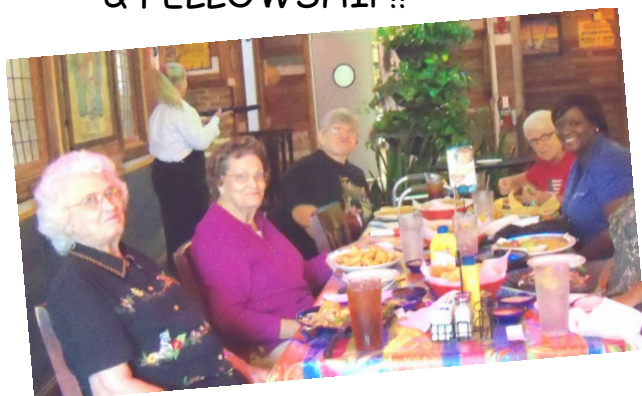
**GOOD FOOD
& FELLOWSHIP!!**



**Join us in
September for
our next ride!
The ride is
free and lunch
will be on you!**



ALL ABOARD!!!



Garden Club

Planning meeting
Tuesday August 14th
3:00 pm at Green Street
Bring your ideas!!

DOMINOS

Come play Dominos
Everyday at 9:30 am



T.O.P.S.

(Take pounds off sensibly)

Want to lose those unwanted pounds and
don't know how to do it?
Come join this support group!

Every Tuesday at 10:00 am

For more information call
Betty Perry at: 903-758-7618

We need your help
finishing Shirley's quilt!!
Come help us!!



Don't know
how to quilt?
We would love
to teach you.

Everyday at 9:30 am

JOIN THE LINE DANCE CLASS



GREAT EXERCISE AND LOTS OF FUN!!

Every Monday

1:00-2:00 pm.....Beginner Class

2:15-3:00 pm.....Intermediate Class

Every Thursday

10:00 am.....Line Dance

Attention All Line Dancers

If you would like to dance in the Extravaganza,
please attend all Monday and/or Thursday
classes. To sign up or for more information
call Phyllis Ferguson 903-371-8872

To schedule exhibitions call or email:
Sharon York -----903-759-9613
mysly@att.net

**No exhibitions will be scheduled during
July and August**

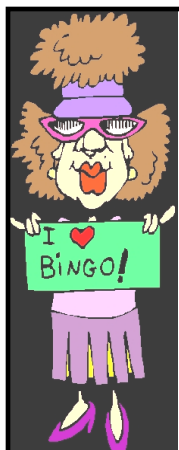
**Line Dance
Birthday Celebration
August 13th at 2:00 pm**

Bring a dish of food and join the group as they
celebrate all those having a birthday in August

Pool & Air Hockey

*Bring a friend & play a
game of pool or air hockey*

Both tables available anytime except
Wednesdays during Bingo 1:30 pm—3:30 pm
Thursdays during Bridge 1:00 pm —4:00 pm



MONEY BINGO

Every Wednesday at 1:30 pm

\$2.50 per card

All money is divided into pots of money for prizes

*Invite your friends
to join Green Street and play
Bingo!*

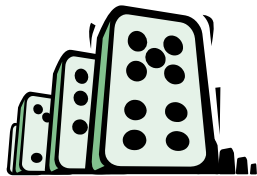
EXERCISE

We have two treadmills available for you to exercise at your convenience

Stop by & take a walk in the A/C

CHICKENFOOT

Every Tuesday & Friday at 9:30 am



Come join us!

Don't play?

....we'll teach you!

This is a fast movin domino game
that is easy to learn.

TEXAS HOLD'EM

Every Wednesday
at 10:00 am

If you don't know
how to play,
we will teach you.

Cost: \$1.00

Player with the most chips
wins the pot of money



Monday

Dominos, Quilting, Line Dance

Tuesday

Dominos, Quilting, Wii Games, T.O.P.S.,
Chickenfoot, 42, Canasta, 2nd Tuesday
luncheon

Wednesday

Dominos, Quilting, Wii Games, Texas
Hold'em, Bingo

Thursday

Dominos, Quilting, Line Dance, Bridge

Friday

Dominos, Quilting, Wii Games, Chickenfoot,
42, Canasta, Last Friday covered dish
luncheon

Participants in Canasta must draw for tables

Bring a lunch and eat with the

"Lunch Bunch" at 11:00 am

Before games & bingo

Every Tuesday, Wednesday & Friday

BRIDGE

Every Thursday from 1:00—4:00 pm

To play bridge you must call in advance.
Drop'ins will only play if there is a
place open.

For more information call:

Peter Williams at: 903-291-1801

Rita Sharp at: 903-753-0048

AUGUST 2012

SUN	MON	TUE	WED	THU	FRI	SAT
<i>For more information call Lorrie Suddeth at 903-237-1279</i>			1 Dominos 9:30 Quilting 9:30 Wii 9:30 TxHold'em 10:00 Bingo 1:30	2 Dominos 9:30 Quilting 9:30 Line Dance 10:00 Bridge 1:00	3 Dominos 9:30 Wii 9:30 Quilting 9:30 Chickenfoot 9:30 Games 12:00	4
5	6 Dominos 9:30 Quilting 9:30 Line Dance Beginners 1:00 Intermediate 2:15	7 Dominos 9:30 Quilting 9:30 Chickenfoot 9:30 Wii 9:30 T.O.P.S. 10:00 Games 12:00	8 Dominos 9:30 Quilting 9:30 Wii 9:30 TxHold'em 10:00 Bingo 1:30	9 Dominos 9:30 Quilting 9:30 Line Dance 10:00 Bridge 1:00	10 Dominos 9:30 Wii 9:30 Quilting 9:30 Chickenfoot 9:30 Games 12:00	11
12	13 Dominos 9:30 Quilting 9:30 Line Dance Beginners 1:00 L/D Birthday Celebration 2:00 Intermediate 2:15	14 Dominos 9:30 Quilting 9:30 Chickenfoot 9:30 Wii 9:30 T.O.P.S. 10:00 Luncheon 11:30 Games 12:00 Garden Club 3:00	15 Dominos 9:30 Quilting 9:30 Wii 9:30 TxHold'em 10:00 Bingo 1:30	16 Dominos 9:30 Quilting 9:30 Line Dance 10:00 Bridge 1:00	17 Dominos 9:30 Wii 9:30 Quilting 9:30 Chickenfoot 9:30 Games 12:00 Decorate for Extravaganza 10:00	18 EXTRA- GANZA Doors open 3:30 Meal 4:00 Program 5:00
19	20 Dominos 9:30 Quilting 9:30 Line Dance Beginners 1:00 Intermediate 2:15	21 Dominos 9:30 Quilting 9:30 Chickenfoot 9:30 T.O.P.S. 10:00 Wii Tourn 11:00 Games 12:00	22 Dominos 9:30 Quilting 9:30 Wii 9:30 TxHold'em 10:00 Bingo 1:30	23 Dominos 9:30 Quilting 9:30 Line Dance 10:00 Bridge 1:00	24 Dominos 9:30 Wii 9:30 Quilting 9:30 Chickenfoot 9:30 Games 12:00	25
26	27 Dominos 10:30 Quilting 10:30 Line Dance Beginners 1:00 Intermediate 2:15	28 Dominos 9:30 Quilting 9:30 Chickenfoot 9:30 Wii 9:30 T.O.P.S. 10:00 Games 12:00	29 Dominos 9:30 Quilting 9:30 Wii 9:30 TxHold'em 10:00 Lgy Museum 10:30 Bingo 1:30	30 Dominos 9:30 Quilting 9:30 Line Dance 10:00 Bridge 1:00	31 Dominos 9:30 Wii 9:30 Quilting 9:30 Chickenfoot 9:30 Luncheon 11:30 Games 12:00	

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814 South Green Street
Longview, TX 75602

Phone: 903-237-1279

Fax: 903-291-5315

Email: lsuddeth@longviewtexas.gov



Stop by Green Street
for a cup of coffee or
a glass of tea!

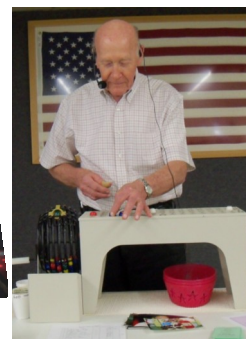
GREEN STREET RECREATION CENTER

Wow! I can't believe that I've been at Green Street for 2 months now!! You have all been absolutely wonderful to me, making me feel so welcome. Thank you for all of the kind words! What a blessing to get to spend my day with such wonderful people!

I'm still waiting on some of you to stop by and say "Hello"!!

Have a blessed day,
Lorrie

THANKS BILL
for all you do at
Green Street Recreation Center!!



BILL WEAVER
